



ATTENTION SEBS PARENTS!

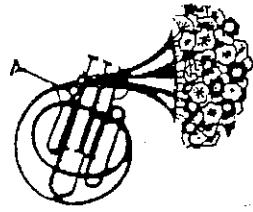
Each year the school donates a variety of gift baskets and items to the auction to help raise money for the school and parish. The committee in charge of these items have some great ideas this year for the auction such as a:

- Hot Air Balloon Ride for 2
- Glass blowing party for 6
- Little free library filled with books
- Variety of gift baskets sponsored by each grade or combined grades

However, in order to donate these items to the auction, we need your help. Please give some serious thought to making a monetary donation to make these items a reality. Ideally, a \$10-\$15 donation per child can help us achieve this goal, but we will always gratefully accept any amount.

Please make checks payable to: St. Sebastian's and turn into the school office or give to Kim Nistler who is always in the parking lot at pick up.

Please contact Kim Nistler with any questions at knistl@gmail.com.



All Saints Music Education
St. Sebastian School Music Lesson Program
Making Music Together!

September 8, 2015

Dear Parents and Students,

All students in grades 4-8 are invited to enroll in instrumental music lessons. Learning to play a musical instrument can provide a lifelong skill that builds confidence, increases concentration, and enhances social development and self esteem. **Students in grades 4-8 are eligible to begin piano/keyboard lessons as well as band instrument and guitar lessons.** Among the band instruments that students may select are flute, clarinet, saxophone, trumpet, trombone, and drums.

Each student will receive a specialized 30 minute group or 20 minute individual lesson once per week. The music lessons are held at school and scheduled during the school day. Students will experience the enjoyment of learning the language of music as well as all of the techniques necessary to play the instrument of their choice. Opportunity for ensemble activity and concert participation is offered. Musical instruments are available for rental or purchase through local music stores.

The lesson fee for the music program is \$168.00 per 8 lesson term. A \$30.00 registration/materials fee will cover all standard educational items needed throughout the school year. Fees for additional students in a family are reduced to \$134.00 per 8 lesson term with a \$25.00 registration/materials fee. To enroll in the lesson program please complete and return the attached form, along with the registration/lesson fees, to the school office. Lessons will begin mid September.

Please contact us with any questions you may have. We invite you to join us for an exciting year of music making!

Musically Yours,
 Mr. Corey Klunk
 Program Director
 (414)463-2020



All Saints Music Education -Enrollment Form- St. Sebastian School

Yes, I will enroll my child in the Music Lesson Program. Please include the registration/materials and 8 lesson fee in the amount of \$198.00 (\$159.00 second student fee.) Make checks payable to ASM Education. Please return this form to the school office.

Student Name: _____

Grade: _____ Phone #: _____

Address: _____

City: _____ Zip Code: _____ Email: _____

Instrument Choice: _____

Parent/Guardian Signature: _____ Date: _____

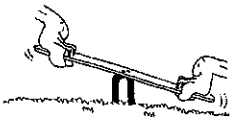
Home & School

Working Together for School Success

CONNECTION®

St. Sebastian School
Mr. Paul Hohl, Principal

SHORT NOTES



Celebrate progress

Suggest that your youngster create a fun reminder of all the things she has accomplished. Let her cover a container with construction paper and label it "I did it!" Then, she can write each success ("I memorized my times tables") on a slip of paper and put it in the container. If she's feeling discouraged, have her read the slips.

Excellent attendance

Being in school every day means your child won't miss out on learning. Try to schedule appointments and family trips outside of school hours. If he asks to stay home "just because," remind him of what he'll miss, such as his reading group or art class. Explain that he can be absent only if he's sick or if there's a family emergency.

Eat meals together

You may have heard that it's important for families to eat dinner together. But other meals count, too. If you work in the evenings, maybe you could make time for a family breakfast. On a weekend, try a picnic lunch! Research shows that children who regularly eat meals with their families tend to do better in school and avoid risky behavior.

Worth quoting

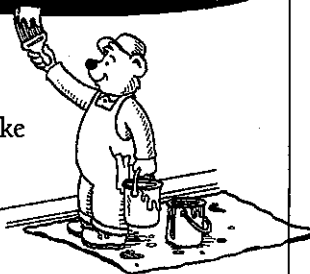
"The best way to cheer yourself up is to try to cheer somebody else up!"

Mark Twain

JUST FOR FUN

Q: What's yellow and smells just like green paint?

A: Yellow paint.



Homework solutions that work

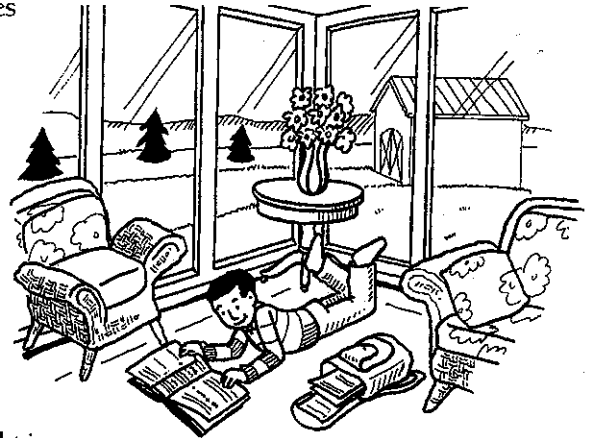
Like an actor rehearsing his lines or a batter working on his swing, your child does homework to practice what he learns in school. And if he's like most youngsters, homework brings occasional challenges. Here are solutions to common problems he might face.

Getting started

When your child gets home from school or after-school care, he might want to relax for a little while, or he may want to jump right in and work. Have him try each method for one week and keep track of how it goes. He could write notes in each day's calendar square. ("Went great!" or "Hard time getting started.") After two weeks, he can review the notes to see which routine worked best.

Staying motivated

Does your youngster ever feel restless when he's doing homework? Suggest that he get up and move to a new spot. For example, he might finish his vocabulary assignment at the kitchen table and then read his science chapter on the



porch. A planned break (say, to have a snack or take a walk) can also give him a second wind.

Solving problems

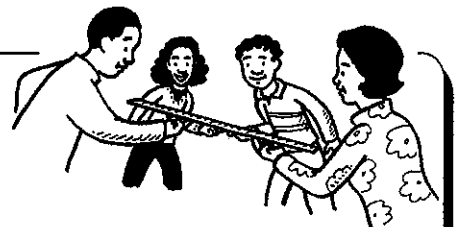
Help your child make a list of strategies he can use when he gets stuck. For a math assignment, he might try tools like a number line or find sample problems in his book. When he's reading, he could look up words in a dictionary or reread a paragraph. *Tip:* If he's still stumped, he might call a friend or write down his question to ask his teacher the next day.♥

Family teamwork

Whether your youngsters are doing a group project or playing Hacky Sack, a team effort is needed. Everyone's a winner with these games that will show them teamwork in action.

Lower the yardstick. Together, hold a yardstick horizontally so that everyone has one finger underneath. Then, lower the yardstick to the ground—but if anyone's finger drops away, you have to start over. See how many tries it takes to get the yardstick to the floor.

Pass the ball. Sit in a circle with your feet out toward the center. Pass a ball around the circle—using only your feet. How many times can the ball go around before it drops on the ground?♥



Good consequences

Behaving well and working hard pay off! Help your child see the results of her efforts—you'll find yourself scolding her less often as she learns self-discipline.

Tie good behavior to nice outcomes.

If your youngster is quiet when you're on the phone, you might say, "You were so patient while I made that call. Would you like to play a game now?" Or when she goes to bed without a struggle, point out how energetic she seems the next morning.



Recognize success. Maybe you'd like your child's room to be neater. Tell her that if she keeps it clean for a month, you'll help her rearrange or redecorate it. By that time, picking up will probably be a habit. And she'll enjoy her room so much that she'll be motivated to keep it that way.

Tip: Try not to use rewards like toys or food. You'll train your youngster to expect something in exchange for behaving well. Plus, offering food as a reward can lead to unhealthy eating habits.♥



Ready, set, pretend!

No matter how old your youngster is, pretending can boost her creativity and teach her to think abstractly. Try these activities:



- Ask your child to close her eyes and imagine she's a person she has studied (explorer, inventor) or that she's visiting a place she has learned about (White House, rain forest). Encourage her to describe what she sees, hears, and smells. In the rain forest, for example, she might see colorful birds, hear monkeys howling, and smell damp leaves.

- Pick a random object (sponge). Have each family member list creative uses for it (pincushion, hamster tumbling mat, ice pack). After three minutes, compare your lists. The person with the most ideas gets to pick the next item.♥

Q & A

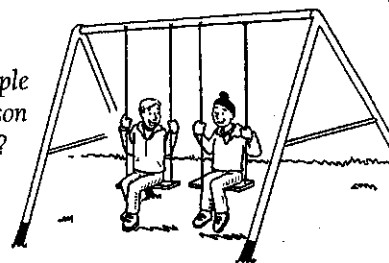
Respect differences

Q: We recently moved to an area where people speak several different languages, and our son has a lot of questions. How should we answer him?

A: It's great that your son is being exposed to a variety of cultures. You can use his curiosity to help him learn about respecting differences.

Explain that in many parts of the United States, people speak different languages, eat different foods, and wear different clothing than your family does. At the same time, they do many of the same things (play at the park, watch movies).

To help him understand, ask him to name one classmate who speaks English and one who speaks another language. Have him tell you something he has in common with each child (skateboarding, wearing sneakers) and one thing that they don't share (number of siblings, language spoken at home). He'll discover that language is just one of the many things that makes a person similar to or different from him.♥



PARENT TO PARENT

Talking to kids about money

My children were always asking to buy things such as dress-up shoes or new games. They didn't seem to understand that these items weren't in our budget.

I wanted them to learn about how we spend our money—and that it is limited. So I got a spiral notebook and labeled it "Family Spending Journal." I explained that for two weeks, everyone would keep a record of what they spent money on. I listed items like my subway

fare, the electric bill, and the taxes taken out of my paycheck. The children wrote down expenses such as school lunch, soccer cleats, and field trip fees.

After a few days, they were surprised by how many things we needed money for. Our kids had no idea, for example, that we paid for taxes on our income, several types of insurance, and membership in our homeowners' association. Sometimes they still ask to buy too many things at the store, but when I say no, at least they understand why.♥



OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators,
a division of CCH Incorporated
128 N. Royal Avenue • Front Royal, VA 22630
540-636-4280 • rfeustomer@wolterskluwer.com
www.rfeonline.com
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Children's Dance and Baton

Children's Dance Grades K4 - 5

Learn tap, ballet, and jazz from our experienced dance teachers.
Approx. 24 Week Program: \$62 / \$77 Non-resident

School	Grades K4 & K5	Grade 1	Grade 2	Grade 3	Grades 4 & 5
Bischoff - Kathy Oestreich W 9/28	3:30 - 4:15 156011-01	4:15 - 5:00 156011-02	5:00 - 5:45 156011-03	5:00 - 5:45 156011-03	5:45 - 6:30 156011-04
Jefferson - Emily Rhodes Tu 9/29	3:30 - 4:15 156014-01	4:15 - 5:00 156014-02	4:15 - 5:00 156014-02	5:30 - 6:15 156014-03	5:30 - 6:15 156014-03
Lincoln - Jessica Blazekovic W 9/30	2:30 - 3:15 156015-01	3:15 - 4:00 156015-02	3:15 - 4:00 156015-02	4:30 - 5:15 156015-03	4:30 - 5:15 156015-03
McKinley - Kathy Oestreich Th 10/1	3:30 - 4:15 156017-01 4:15 - 5:00 156017-02	5:00 - 5:45 156017-03	5:45 - 6:30 156017-04	5:45 - 6:30 156017-04	6:30 - 7:15 156017-06
Roosevelt - Kathy Oestreich W 9/30	2:30 - 3:15 156016-01	3:15 - 4:00 156016-02	3:15 - 4:00 156016-02	4:00 - 4:45 156016-03	4:00 - 4:45 156016-03
Washington - Emily Rhodes M 9/28	3:30 - 4:15 156018-01	4:15 - 5:00 156018-02	4:15 - 5:00 156018-02	6:00 - 6:45 156018-03	6:00 - 6:45 156018-03
Wilson - Emily Rhodes W 9/30	4:30 - 5:15 156019-01	5:15 - 6:00 156019-02	5:15 - 6:00 156019-02	7:00 - 7:45 156019-03	7:00 - 7:45 156019-03

Baton Grades 1 - 9; skill levels for beginner students to advanced twirlers.
\$62 / \$77 Non-resident Jazz shoes required.

School	Beginner	Beginner 2	Intermediate	Advanced
Bischoff - Sue Hoff W 9/28	3:30 - 4:15 156051-01	4:15 - 5:00 156051-02	5:00 - 5:45 156051-03	5:45 - 6:30 156051-04
Roosevelt - Sue Hoff Tu 9/29	3:30 - 4:15 156056-01	4:15 - 5:00 156056-02	5:00 - 5:45 156056-03	5:45 - 6:30 156056-04



PrePop HipHop

Learn the basics of hip hop dancing and jazz fundamentals. Focus on rhythm, beats, fast versus slow, and balance. Let's groove!

Approx. 24 Week Program
\$62 / \$77 Non-resident

Jefferson	Grades K4-2
Tu 9/29	5:00 - 5:30pm 156014-04
Wilson	Grades 2-5
W 9/30	6:30 - 7:00pm 156019-04

Make Some Noise - Tap Dance Just for Boys

Boys love making noise, so let's put the noise makers on their feet! Learn fundamental tap steps, moves, and combinations set to music. Let your son use up some of that energy he has by tapping his feet!

Approx. 24 Week Program

Instructor: Emily Rhodes

\$62 / \$77 Non-resident

Washington	Grades K4-2
M 9/28	5:30 - 6:00pm 156018-05
Wilson	Grades 2-5
W 9/30	6:00 - 6:30pm 156019-05

Pre-School Dance

Age 3 (must be toilet trained)
Intro to ballet and jazz dance movement, stressing rhythm, balance, creativity and FUN!

Approx. 24 Week Program
\$62 / \$77 Non-resident

Longfellow

Sa 10/3 8:30 - 9:00am 156000-04

Sa 10/3 9:00 - 9:30am FULL

Lincoln

W 9/30 4:00 - 4:30pm 156015-04

Roosevelt

W 9/30 4:45 - 5:15pm 156016-04

Washington

M 9/28 5:00 - 5:30pm 156018-04

Fisher

Tu 9/29 9:00 - 9:30am 156010-01

Tu 9/29 9:30 - 10:00am 156010-02



Saturday Morning Dance

Tap, ballet and jazz dance classes for ages K4 & K5.

Approx. 24 Week Program

Instructor: Brianna Stolte

Longfellow

\$62 / \$77 Non-resident

Sa 10/3

K4 9:30 - 10:15am 156000-01

K4 10:15 - 11:00am 156000-02

K5 11:00 - 11:45am 156000-03

Teen Dance

Grades 6 and up

Ballet and jazz and tap dance classes for teens.

Approx. 24 Week Program

Instructor: Kathy Oestreich

McKinley

\$62 / \$77 Non-resident

Th 10/1 7:15 - 8:30pm 156017-07

Recreation Department Registration & Waiver Form

One household only – Please print clearly in ink.

Each adult participant must sign below. The signature of a parent or legal guardian is required for youth registration.

I, the undersigned or parent/guardian of the individual(s) named below, do hereby agree to indemnify and hold harmless the Wauwatosa School District and its employees, officers and agents from and against any and all liability resulting from participation in the activities listed below. I understand that the program(s) in which I am enrolling, like all activity programs, has some inherent risk, for which I agree to assume the liability. Furthermore, the individuals named herein are in good physical health appropriate for the activities in which they will be participating. I understand that the Wauwatosa School District does not provide accident insurance.

Signature (Participating adult OR parent/guardian of minors listed below) _____

Signature (Participating adult #2) _____

Household Information

Name(s) of Head(s) of Household: _____

Email _____

Address _____ City _____ ZIP _____

Home Phone _____ Work Phone _____ Cell Phone _____

Office Use Only
\$ _____
Date _____
Initials _____

Please list more than one choice of a class. If your first choice is filled, we will try your second choice. If both are filled, we will contact you.

Program Choice	Class Name	Activity Number	Participant's Name (Include First, MI and Last Name)	Date of Birth	Grade 2015-16	School	Fee
1 st Choice		____	Name: _____ <input type="checkbox"/> Male <input type="checkbox"/> Female				\$ _____
Alternate		____	Name: _____ <input type="checkbox"/> Male <input type="checkbox"/> Female				\$ _____
1 st Choice		____	Name: _____ <input type="checkbox"/> Male <input type="checkbox"/> Female				\$ _____
Alternate		____	Name: _____ <input type="checkbox"/> Male <input type="checkbox"/> Female				\$ _____
1 st Choice		____	Name: _____ <input type="checkbox"/> Male <input type="checkbox"/> Female				\$ _____
Alternate		____	Name: _____ <input type="checkbox"/> Male <input type="checkbox"/> Female				\$ _____
1 st Choice		____	Name: _____ <input type="checkbox"/> Male <input type="checkbox"/> Female				\$ _____
Alternate		____	Name: _____ <input type="checkbox"/> Male <input type="checkbox"/> Female				\$ _____

Special considerations (medical, physical): _____ My child will need physical assistance and/or additional supervision to participate.

MasterCard VISA _____ exp. Date ____/____/____ 3 digits on back _____ Cardholder's Signature _____

Fax to: (414)773-2920 OR Mail to: Wauwatosa Recreation Department, 12011 W. North Avenue, Wauwatosa, WI 53226 Make all checks payable to Wauwatosa Recreation Department.

Please note: For program promotion purposes, photographs may be taken of participants. If you do not wish to have your photo taken, please notify the photographer or instructor.