

# LUNCH

April 2015

St Sebastian School

## Nutrition Tip

Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

\* monday

\* tuesday

\* wednesday

\* thursday

\* friday

**Meal Prices: K-5 \$2.75 6-8 \$3.00**  
**Reduced .40 Milk .60**  
**Café phone 414-453-6850**  
**ncayce@saintsebs.org**

Pizza  
Choice of veggie  
Choice of fruit  
Milk

1

Roasted chicken  
Choice of veggie  
Choice of fruit  
Milk

2

No School  
Easter Break Begins

3

6

No School

7

No School

8

No School

9

No School

10

No School

Hot Dogs  
Choice of veggie  
Choice of fruit  
Milk

13

Chicken Fried Rice  
Choice of veggie  
Choice of fruit  
Milk

14

Tostados  
Choice of veggie  
Choice of fruit  
Milk

15

Ham & Cheese  
Choice of veggie  
Choice of fruit  
Milk

16

Fish Sticks  
Choice of veggie  
Choice of fruit  
Milk

17

Chicken Nuggets  
Choice of veggie  
Choice of fruit  
Milk

20

Tacos  
Choice of veggie  
Choice of fruit  
Milk

21

Corn Dogs  
Choice of veggie  
Choice of fruit  
Milk

22

Shepherds Pie  
Choice of veggie  
Choice of fruit  
Milk

23

Lunch Brunch  
Choice of veggie  
Choice of fruit  
Milk

24

Mozz Sticks  
Choice of veggie  
Choice of fruit  
Milk

27

Chicken Patty  
Choice of veggie  
Choice of fruit  
Milk

28

Nachos W/Cheese  
Choice of veggie  
Choice of fruit  
Milk

29

Spaghetti  
Choice of veggie  
Choice of fruit  
Milk

30

