

April 2016

SAINT SEBASTIAN SCHOOL

LUNCH



Lunch 3.00 Adult 3.60 Milk .60
Reduced .40
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Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

Monday

Tuesday

Wednesday

Thursday

Friday



This institution is an equal opportunity provider **1**

Polish **4**
Choice of Veggie
Choice of fruit
Milk

Corn Dogs **5**
Choice of veggie
Choice of fruit
Milk

Pizza **6**
Choice of Veggie
Choice of fruit
Milk

Hamburgers **7**
Choice of veggie
Choice of fruit
Milk

Chicken Fajitas **8**
Choice of Veggie
Choice of fruit
Milk

Hot Dogs **11**
Choice of Veggie
Choice of fruit
Milk

Quesadillas **12**
Choice of Veggie
Choice of fruit
Milk

BBQ Chicken **13**
Choice of Veggie
Choice of fruit
Milk

Ravioli **14**
Choice of Veggie
Choice of fruit
Milk

High Interest Day **15**

Meat Ball Subs **18**
Choice of Veggie
Choice of fruit
Milk

Nachos **19**
Choice of Veggie
Choice of fruit
Milk

Teriyaki Chicken **20**
Choice of Veggie
Choice of fruit
Milk

Spaghetti **21**
Choice of Veggie
Choice of fruit
Milk

Tuna Casserole **22**
Choice of veggie
Choice of fruit
Milk

Chicken Nuggets **25**
Choice of Veggie
Choice of fruit
Milk

Tacos **26**
Choice of Veggie
Choice of fruit
Milk

Deli Sandwich **27**
Choice of Veggie
Choice of fruit
Milk

Beef Stroganoff **28**
Choice of Veggie
Choice of fruit
Milk

Lunch Brunch **29**
Choice of Veggie
Choice of fruit
Milk