

# Home & School CONNECTION<sup>®</sup>

Working Together for School Success

St Sebastian School  
Mr Paul Hohl, Principal

## SHORT NOTES



### Picture this

Good readers form mental pictures as they read. To improve your child's comprehension, read a book without letting him see it. Then, ask him to guess what the illustrations look like. *Examples:* How are the characters dressed? Is the setting bright or gloomy?

### Be there!

Regular attendance in elementary school sets up a good pattern for your youngster's entire school career. Show your child that school comes first by trying to keep days off for illnesses and family emergencies. Also, schedule routine doctor and dentist appointments for after school or over school breaks.

### Line them up

Sometimes kids get math problems wrong simply because they haven't lined up the numbers correctly. Try this. Have your child work problems on graph paper, using one box per number. Once she gets used to this system, she'll be able to transfer her lining-up skills to regular paper.

### Worth quoting

"Kind words do not cost much. Yet they accomplish much." *Blaise Pascal*

## JUST FOR FUN

**Teacher:** Name one important thing we have today that we didn't have 10 years ago.

**Brian:** Me!



## Pitching in

Would you like your child to be more responsible, hardworking, and persistent? Here are ideas for working as a family to help your youngster develop these important traits.

### A group approach

Thinking of herself as a "team player" can encourage your child to be responsible. Explain that your family operates as a team. Everyone must play a part to get things done. *Example:* You take her shopping for her clothes and sports equipment. She chooses her outfit each morning and keeps track of her bat and glove.

### Hard workers wanted

Your youngster probably has regular chores to do. You can motivate her to work extra hard by placing "want ads" on the refrigerator. Choose a challenging job, and offer a benefit. *Example:* Wanted—a hardworking family member to clean



out a corner of the basement. Reward—a place for your child and her friends to play.

### Sticking it out

Working toward small goals can make it easier to complete a big task. Perhaps your family room needs a fresh coat of paint. Write down the steps (move furniture and lay down drop cloths, prepare walls, roll paint on walls, paint trim). Tell your child you'll take a fun break after each step is done (go to the playground, take a bike ride).♥

## Parent power

There are many ways you can support your child's learning and school. Here are a few ideas:

- Spend a few minutes every evening looking over handouts your youngster brings home. Fill out forms to return the next day.
- Tell your child's teachers if you can help them out at school or home.
- Make sure teachers know you appreciate their efforts. From time to time, send a thank-you note or an email.
- Contact your youngster's teacher immediately if you see a problem. Working together will help your child succeed.
- Attend conferences, parent meetings, and school events regularly.♥



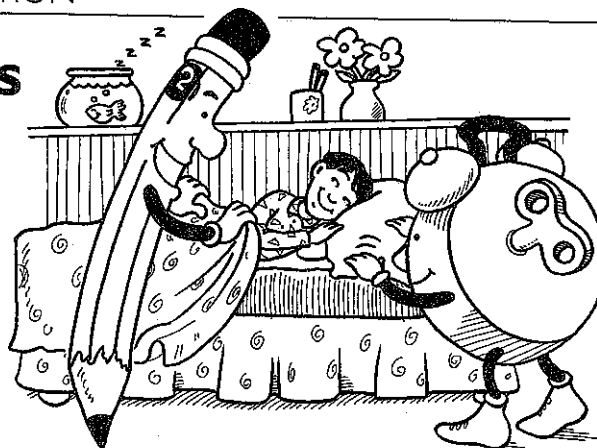
# Standardized tests

## Choose to do well

True or false: standardized tests are tough. The answer depends on how prepared your youngster is. Here are four ways to help him handle test week:

**1.** Explain that the tests will show how much he has learned. Encourage him to try his best, but don't put so much emphasis on them that he feels stressed.

**2.** Practice the test format. For example, your child might have to read a paragraph and answer questions. Using one



of his textbooks, have him look at the questions at the end of a section first and then read the passage. That will help him know what to read for and how to find the answers.

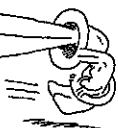
**3.** Limit activities the night before tests. You may want to avoid having guests for dinner or skip his brother's

baseball game if it means being out late. Be sure your child gets to bed on time and sets an alarm for the next morning.

**4.** On test day, give him an energy-boosting breakfast. Try to include both protein (eggs, yogurt, milk) and carbohydrates (fruit, oatmeal, toast). ♥

### ACTIVITY CORNER

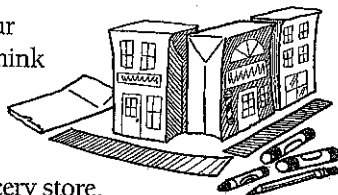
### Paper bag city



Let your child create her own 3-D community. She'll practice map skills and learn about urban planning as she decides where to put the buildings in her town.

**Materials:** paper lunch bags, newspapers, crayons or markers, black construction paper, scissors, tape

Have your youngster think of buildings to include,



such as a bank, a grocery store, a school, a library, and houses. She can make them by drawing doors, windows, and signs on flat bags (on the side without the flap). For every bag she decorates, have her stuff a second one with newspaper. Then, she should open each decorated bag and slide it over a stuffed bag so her "buildings" will stand up. For the roads, she can cut black construction paper into strips and tape them together.

Finally, have your child lay out her roads and arrange her buildings alongside them to make her very own town. ♥

### Q & A

## Bullying: The bystander's role

**Q:** My child came home from school upset because kids were picking on a classmate and wouldn't let her play with them. What advice should I give my daughter?



**A:** Tell your youngster that her classmate was being bullied—and that she may be able to help stop it!

There are several things she can do. If she feels safe, she could say something like, "That's not nice," and then walk away. She might invite the child who is being bullied to join her in a game or school project.

Also, remind your youngster to report bullying to a teacher or other adult when she sees it. Let her know this is not tattling, but a way to help someone who is being hurt. You can explain: "Asking an adult to help a child who is being bullied is like asking the nurse to help a child with a scraped knee." ♥

### PARENT TO PARENT

## Thinking games

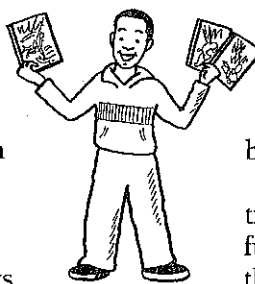
Between school, errands, and activities, my family spends lots of time on the go. I decided to use some of it for "thinking games."

I taught my kids a game my parents used to play with me, called "Would You Rather?" I offer two options and ask which they prefer and why. For example, I might say, "Would you rather live near the beach or the mountains?"

My son came up with a game he named "Three Favorites." Someone picks

a category (outfits, movies), and we all tell our top three choices. My daughter thought of "What Doesn't Belong?" We take turns naming items and asking the others to explain which is the odd one out and why. The kids especially like this game because there can be more than one "right" answer. For example, when I named "owl," "ostrich," and "eagle," my daughter said, "Ostrich, because it can't fly." My son's answer was, "Owl, because it hunts at night."

Now they want to play all the time. I'm glad because we're having fun—and they've gotten better at thinking through their ideas. ♥



### OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators, a division of CCH Incorporated  
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# St. Sebastian Parish School

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St. Sebastian

***“Say but the word, and I shall be healed!”***  
**Lent 2015 in the Parishes of**  
**Saint Catherine and Saint Sebastian**

Lent is a time of healing and conversion – the world is moving from winter to spring and so, too, our hearts should move from coldness to the warmth of God’s redeeming love. We invite you and your family to join with the community of faithful as we journey with Jesus during the sacred Season of Lent.

**Ash Wednesday – February 18<sup>th</sup>**

8:15 am – Mass with Distribution of Ashes at Saint Sebastian

12 noon – Prayer Service with Distribution of Ashes at Saint Catherine

6:00 pm - Prayer Service with Distribution of Ashes at Saint Catherine

**Supper & Prayer** - 6:00 pm in Saint Sebastian Church Hall

Join us for a simple supper of soup & bread followed by a Family and Intergenerational program of Lenten activities and lessons.

**Bring Bread to Share or a non-perishable food item for the Food Pantry.**

We conclude the evening at 7:00 pm with a Non-Eucharistic Prayer Service and Distribution of Ashes with Spirit of Peace Lutheran Church

**Breaking Open the Word**

Tuesdays – 9:00 am @ St Catherine

Tuesdays – 6:30 pm @ St Sebastian

We gather each week to reflect upon and discuss the scriptures to prepare better for the coming Sunday.

**We are focusing on the Readings of Cycle A**

**Basic Catholicism**

Join us for a 9-week study of core Catholic teaching and practice.

This will be a review for life-long Catholics and an introduction to the faith for Adult Confirmation Candidates.

Sundays at 4:00 pm, beginning March 1<sup>st</sup> in Saint Sebastian Adult Formation Room

## **Children's Liturgy of the Word**

Younger children are invited to explore the Lenten message of the Gospels.

At St Sebastian Children's Liturgy is offered on the 3<sup>rd</sup> Sunday during the 10:30 Mass  
Sunday, February 15<sup>th</sup> – 10:30 am  
Sunday, March 15<sup>th</sup> – 10:30 am.

At St Catherine Children's Liturgy is offered during the 9:00 am Mass  
on the 2<sup>nd</sup> and 4<sup>th</sup> Sundays of each month

## **Holy Week Services**

### **Palm Sunday – March 29<sup>th</sup>**

10:00 am – Shared Liturgy at Saint Sebastian

6:00 pm – Mass at Saint Sebastian

### **Chrism Mass – March 31<sup>st</sup>**

Join the Church of the Archdiocese in the blessing of the Holy Oils

7:30 pm at the Cathedral of Saint John, Milwaukee

### **Holy Thursday – April 2<sup>nd</sup>**

7:00 pm – Mass of the Lord's Supper at Saint Catherine

### **Good Friday – April 3<sup>rd</sup>**

1:00 pm – Good Friday Service

Followed by Stations of the Cross in the Community

### **Easter Vigil – April 4<sup>th</sup>**

8:00 pm – Easter Vigil Service (Mass) at Saint Catherine

### **Easter Sunday – April 5<sup>th</sup>**

8:00 am – Mass at Saint Sebastian

10:00 am – Mass at Saint Catherine

10:30 am – Mass at Saint Sebastian

## **The Healing Power of God**

**"Stories of Healing and Mercy"**

**Father Andre Papineau, SDS**

Monday, March 9<sup>th</sup> – 6:30 pm

At St Catherine

**"The Power of God to Heal Broken Dreams"**

**Father Guy Gurath**

Monday, March 16<sup>th</sup> – 6:30 pm

At St Sebastian

**The Sacrament of Healing  
Communal Anointing during Mass**

Sunday, March 22<sup>nd</sup> – 6:00 pm

At St Sebastian

**"Jesus Heal Me!"**

**Communal Sacrament of Reconciliation**

Monday, March 23<sup>rd</sup> – 6:00 pm

At St Catherine

**"Jesus Heal Me!"**

**Communal Sacrament of Reconciliation**

Saturday, March 28<sup>th</sup> – 9:30 am

At St Sebastian

## **The Healing Touch of Jesus**

*Healing in Scripture and in Our Lives*

We will explore some of Jesus' healing miracles, consider what they meant for those healed, for those who witnessed the healings, and the significance of those miracles in our lives today.

### **The 10 Lepers**

Thursday, February 26<sup>th</sup> – 6:30 pm @ St Sebastian

Sunday, March 1<sup>st</sup> – 10:15 am @ St Catherine

### **Blind Bartimaeus**

Thursday, March 5<sup>th</sup> – 6:30 pm @ St Sebastian

Sunday, March 8<sup>th</sup> – 10:15 am @ St Catherine

### **The Paralyzed Man**

Thursday, March 12<sup>th</sup> – 6:30 pm @ St Sebastian

Sunday, March 15<sup>th</sup> – 10:15 am @ St Catherine

### **Woman in Torment**

Thursday, March 19<sup>th</sup> – 6:30 pm @ St Sebastian

Sunday, March 22<sup>nd</sup> – 10:15 am @ St Catherine

### **Expelling Demons**

Thursday, March 26<sup>th</sup> – 6:30 pm @ St Sebastian

Sunday, March 29<sup>th</sup> – 10:15 am @ St Catherine

## **Youth Movie Night**

Friday, March 6<sup>th</sup> – 6:30 pm in the Multipurpose Room at Saint Sebastian

We will watch and discuss *Bella*, a beautiful and touching film that focuses on the value of human life and doing what's right in the face of adversity.

**We invite all youth, grades 6 and higher, to join us and participate.**

## **Stations of the Cross**

### **Individual and Family Stations of the Cross**

You are invited to walk and pray this ancient prayer anytime the churches are open. Prayer resources are available in both Saint Catherine and Saint Sebastian.

### **Celtic Lenten Cross**

Each week during Lent you will be invited and encouraged to build upon a cross of reflection and action.

### **Teosinte Stations**

In union and solidarity with our sister community, we will pray the stations and reflect on the needs of others.

Friday, March 27<sup>th</sup> at 7:00 pm @ St Sebastian

### **Living Stations of the Cross**

Children of the community will offer a dramatic interpretation of Jesus' Passion and Death.

Monday, March 30<sup>th</sup> at 6:15 pm @ St Catherine

### **School Led Stations**

Join the children of Saint Sebastian School in praying the Stations on Wednesday, April 1<sup>st</sup> at 8:15 am

### **Good Friday Stations of the Cross in the Community**

Join us as we walk and pray, reflecting on the ways the agony of the cross continues today.

Friday, April 3<sup>rd</sup>

– following the Good Friday Service (1:00 pm)  
at St Sebastian

## **Basic Catholicism**

Do you have questions about the basic teachings and practices of the Church? Do you wonder why we celebrate Sacraments and rituals? Are you a Catholic who has never celebrated the Sacrament of Confirmation? If so, come and join us for a 9-week study of core Catholic teaching and practice. This will be a review for life-long Catholics and an introduction to the faith for Adult Confirmation Candidates.

The Basic Catholicism Program will be offered one Sundays at 4:00 pm, beginning March 1<sup>st</sup> in Saint Sebastian's Adult Formation Room. **If you would like to prepare for Confirmation, or if you have questions about becoming Catholic**, please contact Ed Duncklee {414-453-7150 or [eduncklee@saintsebs.org](mailto:eduncklee@saintsebs.org)} before March 1<sup>st</sup>.

## **Breaking Open the Word – Scripture Reflection and Study**

YOU are invited to join us each week (or whenever you are able) as we gather each week to reflect upon and discuss the scriptures to prepare better for the coming Sunday. Bible Study meets Tuesdays – 9:15 am @ St Catherine' Living Room and Tuesdays – 6:30 pm @ St Sebastian Parish Office. **During Lent the parishes are focusing on the Readings of Cycle A**

## **Preparing for Lent**

As the Season of Lent approaches, we are called to prepare our minds and hearts for the journey that will lead to the Cross and Resurrection. We are called to conversion; to turn our lives to God more deeply and more intentionally.

To help prepare for the Season, we have a number of resources and programs available. In the Gathering Area of church a table is set with resources and materials for you and your family. One item to note is a full schedule of Lenten opportunities shared by Saint Sebastian and Saint Catherine – be sure to take one!

## **Ash Wednesday is February 18<sup>th</sup>**

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# St. Sebastian Home & School Krispy Kreme Sale

**SUNDAY, FEBRUARY 15**  
**after 8am and 10:30am masses**

Get ready for Mardi Gras AND help raise some dough for our Home & School Association. If you'd like to guarantee a box (or two!) is waiting for you after 8am or 10:30am mass on Sunday, February 15, please fill out the below form and return to the school office by Thursday, February 12. Any questions? Contact Trish Dulka at radocha@sbcglobal.net.

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Yes! I'd like to reserve some Krispy Kremes!

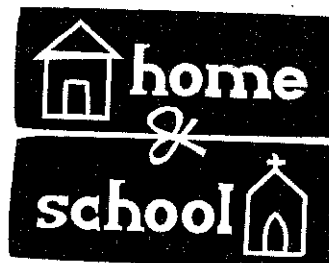
Family Name: \_\_\_\_\_

Phone No. or Email In Case of Questions: \_\_\_\_\_

#/boxes (dozen in each): \_\_\_\_\_

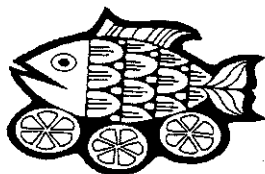
**Cost: \$10/box**

Please include a check (no cash) made out to St. Sebastian Home & School.



OF SAINT SEBASTIAN

# FISH FRY



Please join us for our Home and School sponsored *Fish Fry*, on Friday February 13, 2015. **Thank you** to all the 3rd grade parents and the regular volunteers who signed up to help. Please review the volunteer list below as a reminder of the shift for which you have volunteered. *Contact Rob Stephenson at 259-5012 with any questions.*

**\*\*\* CLEAN-UP VOLUNTEERS STILL NEEDED \*\*\***

February 13, 2015		3rd Grade Fish Fry		<b>Bold =Regular Volunteer</b>	
Thursday Prep 6:00-8:30pm (Need 6-8)	Friday Set-Up 1:30-4:30pm (Need 5-7)	Friday Dinner 4:00-7:30pm (Need 36)		Friday Clean-Up 7:30-10:00pm (Need 16-18)	
<b>Beth Park</b> <b>Janelle Pruhs</b> <b>Melissa Kearney</b>  LILLIAN RIVERA MELISSA CORR MAUREEN O'MEARA ROWEN	<b>Shelly DePalma</b> <b>Lisa Sherer</b> <b>Robin Gorman</b> <b>Dan Schley</b>  G. NEBIAT YOLANDA BOCLAIRE JEN SVEDA	<b>Beth Neumann</b> <b>Sherry Walker</b> <b>D. Biasi/L. Ewig</b> <b>Lisa Weger</b> <b>Dan Schley</b> <b>Nancy Marseo</b> <b>Jeff Sobczak</b> <b>Greg Kozina</b> <b>Jon Park</b> <b>Corina Gencuski</b> <b>Ben Koch</b> <b>Catherine Bresser</b>  SAM ROWEN JEN HEIDENREICH JAMES MILLS DERIK SUMMERFIELD REBECCA WHITNEY JONAS SOUBEIGA	<b>Sue Olson</b> <b>Jim Zaffiro</b> <b>Rob Stephenson</b> <b>Matt Lichucki</b> <b>Frank Swanson</b> <b>Mark Krier</b> <b>Mary Madigan</b> <b>Dean Lex</b> <b>Steve Lamers</b> <b>Melanie McCauley</b> <b>Sherrie Walker</b>  JOY CALARCO PATTY MILLS MICHAEL STEMPEL  AMANDA STEMPEL SHANEKA LYONS	<b>Matt Bohlmann</b> <b>Dan Gorman</b> <b>Peter Daleiden</b> <b>Joe Desch</b> <b>Wendy Swanson</b> <b>Corina Gencuski</b> <b>Lena Stephenson</b> <b>Dave Pruhs</b> <b>S. L. Kerry</b> <b>Lena Stephenson</b>  SHANNON WATRY ED HEIDENREICH WILLIAM COLEMAN	

**DESSERTS STILL NEEDED:** (2 dozen is the quantity for each donation, homemade is appreciated.) The following families have agreed to bring desserts: **Watry, Saeger, Rivera, Heidenreich, Mills, Dodd, Coleman, Beecham, Williams, Reyes, Desch, Summerfield.**