

LUNCH

February 2015

St Sebastian School

Nutrition Tip

Make Fruit More Appealing: Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries.

Meal prices K-5 2.75 6-8 3.00 Reduced.40 Milk .60

Café Number 414-453-6850

Email ncayce@saintsebs.org



* monday

* tuesday

* wednesday

* thursday

* friday

Happy Valentines Day!!!!

2
Chicken patty w/bun
Choice of veggie and fruit
Choice of milk

3
Hamburger w/bun
Choice of veggie and fruit
Choice of milk

4
Half Day

5
No School

6
No school

9
Teriyaki chicken
Choice of veggie and fruit
Choice of milk

10
Mozz sticks
Choice of veggie and fruit
Choice of milk

11
Baked potato bar
Choice of veggie and fruit
Choice of milk

12
Pizza
Choice of veggie and fruit
Choice of milk

13
Hot Dogs
Choice of veggie and fruit
Choice of milk

16
Lunch Brunch
Choice of veggie and fruit
Choice of milk

17
Mac & Cheese
Choice of veggie and fruit
Choice of milk

18
Chili Mac
Choice of veggie and fruit
Choice of milk

19
Corn Dogs
Choice of veggie and fruit
Choice of milk

20
No school

23
Meatball Sandwich
Choice of veggie and fruit
Choice of milk

24
Chicken Nuggets
Choice of veggie and fruit
Choice of milk

25
Grilled cheese
Choice of veggie and fruit
Choice of milk

26
Tacos Deluxe
Choice of veggie and fruit
Choice of milk

27
Turkey Deli
Choice of veggie and fruit
Choice of milk