

Lenten Journeys

Come join us for two **Mornings of Reflection** designed to draw you into a deeper Lenten journey. The mornings of reflection and prayer will be offered in Saint Catherine Church and will be led by June Wessa and Ed Duncklee.

"They too were Disciples: Jesus and Women in the New Testament."

Saturday, March 4th (9:30 - 11:30 am) in Saint Catherine Church

Stations of the Cross: A Journey of History and Faith

Saturday, March 11th (9:30 - 11:30 am) in Saint Catherine Church

Ash Wednesday Supper

On Ash Wednesday (March 1st) Saint Sebastian will again host an Ecumenical Prayer Service with the Distribution of Ashes. The Service begins at 7:00 pm. Prior to the Prayer Service, we will host a simple supper of soup and bread combined with some reflection and activities. The supper will be held in the Church Hall and will begin at 6:00 pm. ALL are welcome!



Adult Confirmation

Twice each year we offer a series of reflections and lessons centered on the Basics of the Catholic Church. This series is designed for adults who are interested in celebrating the Sacrament of Confirmation and for those who would like to "brush up" on Catholic essentials. The next series will begin mid-March. If you are interested or have questions about this process, please contact Ed Duncklee {eduncklee@saintsebs.org}. The time and days of the series will be scheduled to accommodate the needs of participants.

Best Lent Ever

Can you spare 3 minutes a day in grow closer to God?

Matthew Kelly and Dynamic Catholic are again offering a daily Lenten "Retreat" you can use from your own computer or mobile device. Just register and you will receive a daily 3-minute reflection each day of Lent. Register at: BestLentEver.com

Beautiful Mercy – Reflections for Lent

At Christmas, our parish offered a gift of the book Beautiful Mercy. During Lent, we will have a series of discussion and reflection groups centered on the Works of Mercy in our lives. You are invited to participate in one of these groups that will meet in the parish and in the homes of parishioners on varied days and at set time. Discussion groups will begin the first full week of Lent – Group assignments will go out on Ash Wednesday. **We will have a Sunday morning discussion group at 9:00 am.**

If you would like to participate, contact Ed Duncklee by email:

eduncklee@saintsebs.org